

A. H. BEARD PREMIUM SLEEP SINCE 1899

Happier, safer and more productive workforce.

It starts with Premium Sleep.



A.H. Beard's Fatigue Management Sleep Solution for the **Mining Industry**

They used to say if you snooze, you lose.

Well, the science is in, and we now know that regular, good quality sleep makes us safer, happier and more productive at work.

To help your workforce reap those benefits, A.H. Beard has launched a Fatigue Management Sleep Solution for the Mining Industry.

Designed to achieve Premium Sleep, it combines sustainably made beds and bedding made specifically for shift workers, advanced spring technology, plus personalised sleep coaching in a program tailored by medical experts to help you meet and exceed your workplace wellbeing commitments.

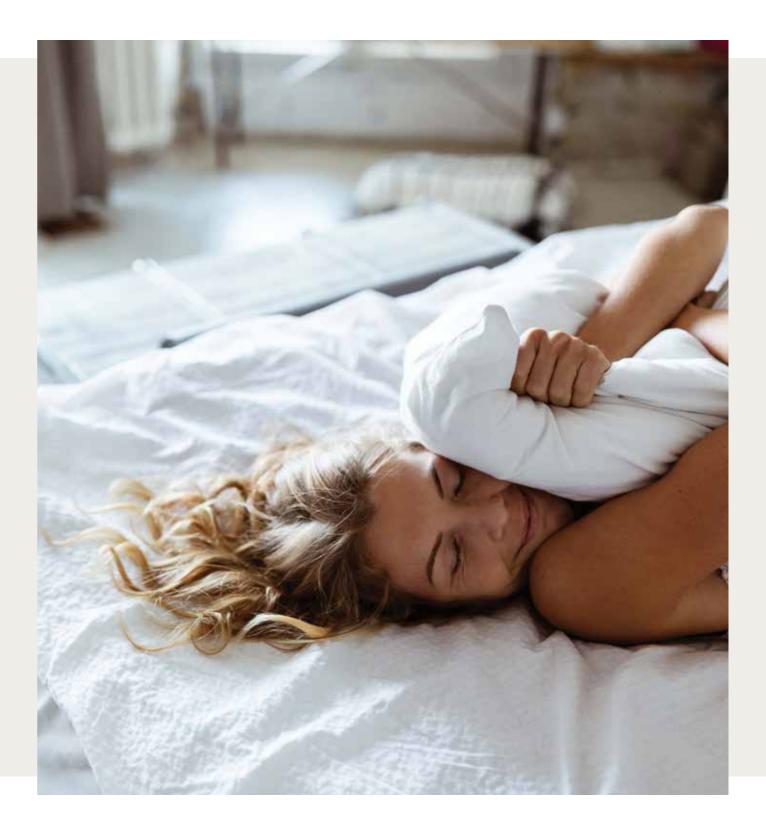
The world is waking up to Premium Sleep

Across the world, individuals and organisations are beginning to realise the importance of great quality sleep as a pillar of health and wellbeing.

It's been a passion of ours since 1899.

Seeking out Australia's softest and most breathable fabrics and fibres. Finding new ways to improve spinal support. Developing sleep measurement technologies. Launching the A.H. Beard Sleep Wellness Centre to help people who want to improve their lives through better sleep.

As a family, it's our calling. And as a craft we've elevated it to its highest form. We call it Premium Sleep. A combination of craftsmanship, technology, and an inherent talent for creating the deepest, most restful and rejuvenating sleep on earth.



Why A.H. Beard for the Mining Sector?

We have the right People, Products and Proven Performance



Family business with over 120 years experience.



Product and education solutions for onsite Sleep Wellness to assist with Fatigue Management and Mental Health.

REFLEX

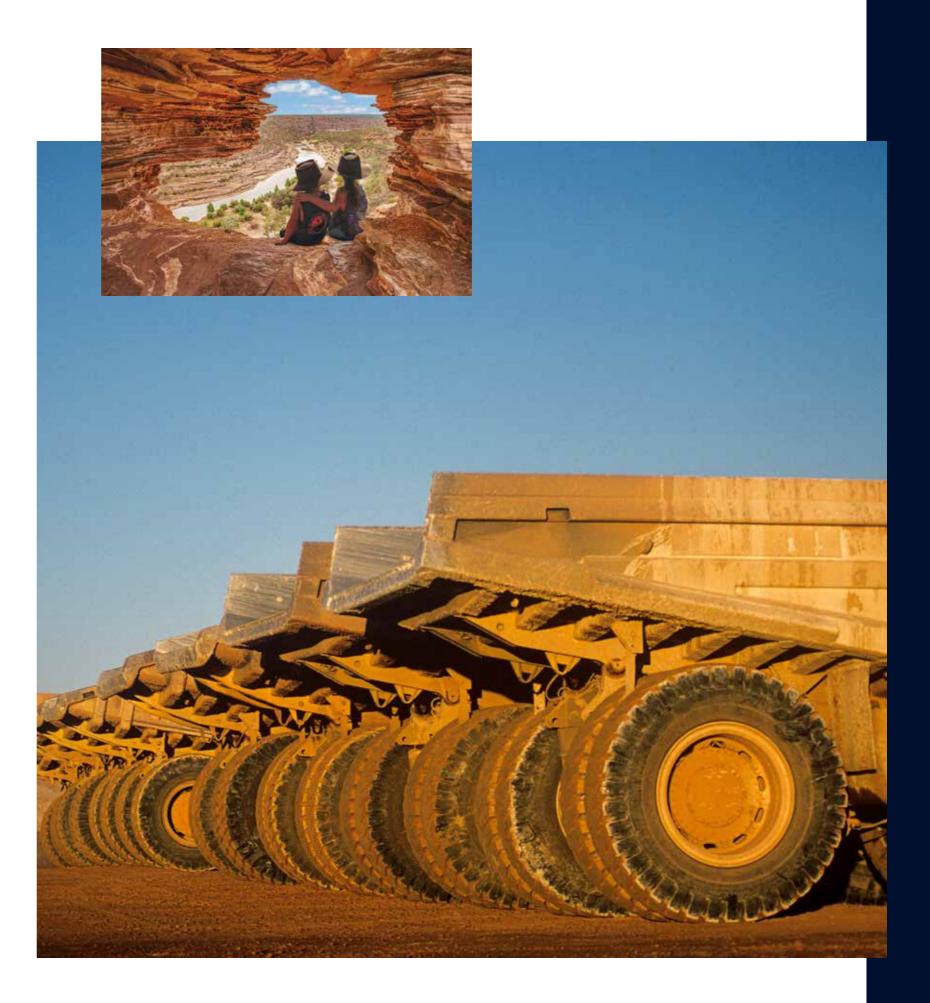
Featuring the chiropractic-approved Reflex support system that dynamically adapts to each body's sleep support needs.



Bespoke Employee Purchase Program offering your teams access to the same quality ensemble at home, to assist in reducing muscle fatigue.



Providing solutions to some of Australia's largest Mining Projects.



Platinum Restore

Advanced support technology and premium comfort materials combine to create a five-star sleep experience for your employees.



Reflex Advance Support System with Primary and Active Coils

AeroQuilt advanced comfort technology

EvoFoam comfort foam layers

Premium dark fire-retardant stretch knit fabric meets AS1530.3

Performa edge support

Available in King Single, Double and Queen sizes



Reflex Advance Support System



EvoFoam Layers



Fire-Retardant Stretch Knit Fabric

Comfort Restore

The Comfort Restore provides exceptional comfort and support that will have your employees waking up feeling refreshed, re-energised and ready to take on the day.



Conforma Coil 3 zone support system

AeroQuilt advanced comfort technology

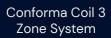
EvoFoam comfort layers

Performa Edge support

Premium dark fire-retardant stretch knit fabric meets AS1530.3

Available in King Single, Double and Queen Sizes







EvoFoam Comfort Layers



Fire-Retardant Stretch Knit Fabric

Embassy

The support system in the Embassy is a strong and durable individually wrapped pocket coil, that conforms to each body shape providing all over support and pressure relief.





Cushion top surface layer

Conforma Coil Support System

Ultraloft cushioning comfort layer

EvoFoam comfort layers

Performa Edge Support

Fire-retardant Damask fabric meeting AS1530.3

Available in King Single, Double and Queen sizes



Conforma Coil 3 Zone System



Ultraloft Comfort Layer



Fire-Retardant Damask Fabric

Origins Solis Q1

Wake up to sustainable sleep with the Origins Solis Q1. From the Tencel® and organic cotton fabric made with sustainably grown eucalypts, to the recyclable wool fibres and QuadCore® springs, this supremely comfortable mattress is designed for all out tomorrows.



Premium stretch knit fabric with Tencel® and organic cotton

Australian wool blend

1000 mini Comfort Coils

660 QuadCore[™] support springs

Traditional hand tufting

Available in King Single, Double and Queen sizes









Australian Wool Blend



Premium Stretch Knit Fabric with Tencel®

Range Comparison

	PLATINUM RESTORE	COMFORT RESTORE
Traditional Hand Tufting		
Fabric	Light or Dark fire-retardant stretch knit fabric (meets AS1530.3)	Light or Dark fire-retardant stretch knit fabric (meets AS1530.3)
Wool		
Cushion Top		
Stretch Knit Top Panel	Dark or light fabric	Dark or light fabric
AeroQuilt	•	•
Ultraloft Comfort Layer		
EvoFoam	•	•
Performa Edge Support	•	•
Support System	Reflex Advance Support System	Conforma Coil 3 Zone System

	EMBASSY	ORIGINS SOLIS Q1
Traditional Hand Tufting		•
Fabric	Damask fire-retardant stretch knit fabric (meets AS1530.3)	Stretch knit Tencel® & organic cotton
Wool		Blended Australian Wool
Cushion Top	•	•
Stretch Knit Top panel		
AeroQuilt		
Ultraloft Comfort Layer	•	
EvoFoam	•	
Performa Edge Support	•	
Support System	Conforma Coil Zone System	QuadCore® Support System 660 Springs

Mattress Sizes



KING SINGLE 1070 x 2030mm



DOUBLE

1370 x 1880mm



QUEEN 1530 x 2030mm

The Finishing Touches

Specially designed to provide optimum support for your A.H. Beard mattress and built to last for years of comfort.

Select your bed base







Grey



Select your fabric



Brown



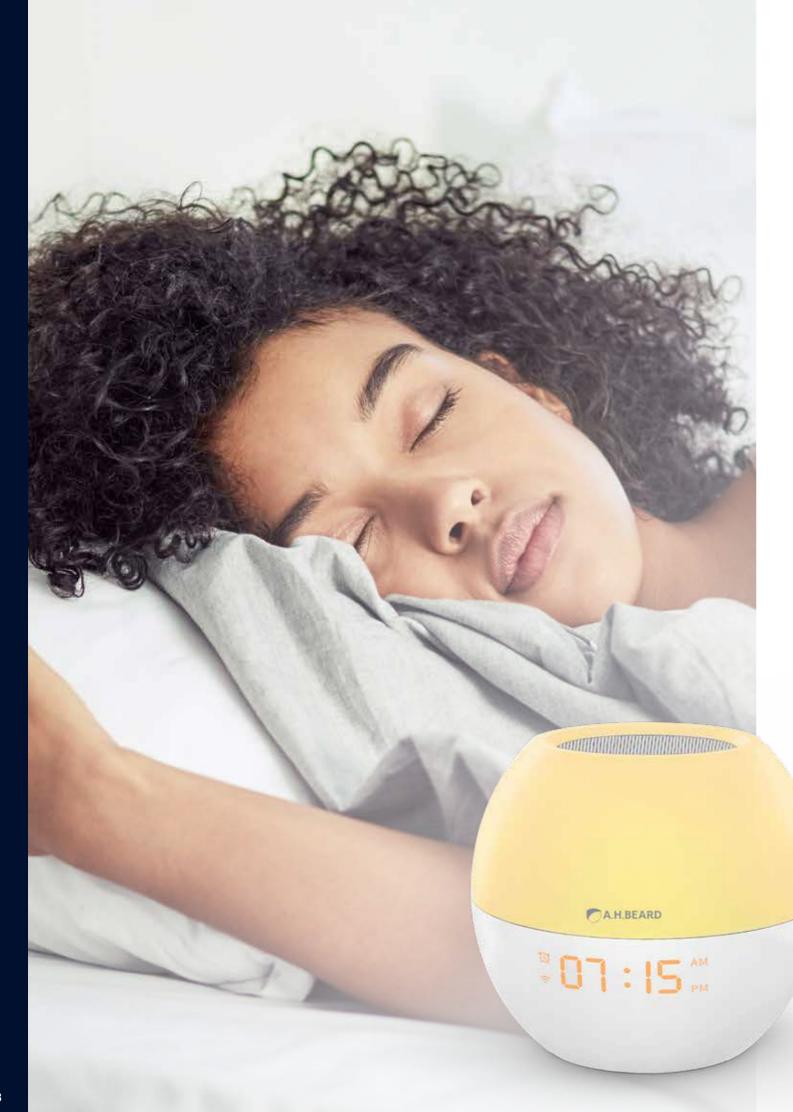
Fitting Options



Leg & Glide 7.5cm



Leg & Castor 7.5cm



Tomorrow Starts Tonight

The smart sleep technology behind every great night's sleep

ORB

SMART SLEEP LIGHT

The ORB Smart Sleep Light helps you fall asleep easily and wake up naturally with soothing music and light.

Features

- 9 Soothing wake up music tracks played via Bluetooth speaker
- 9 LED light colors: At bedtime, a calming red light helps to increase your body's natural sleep hormone melatonin. In the morning, a soft yellow light changes to bright white to simulate the sunrise
- Digital clock display & snooze function
- Compatible with Amazon Alexa, Google assistant
- Can be paired with our RestOn Sleep Tracker to monitor temperature, humidity, light and noise levels in your bedroom

ALSO AVAILABLE:



RESTON SLEEP TRACKER

A.H. Beard's Sleep Wellness Centre Solution

Sleep is the foundational pillar of health and wellness, alongside regular exercise and balanced nutrition.

How well we sleep directly impacts every aspect of our lives and we believe through awareness, education, and wider understanding, we can help people bring about the behavioural changes required to start enjoying the healthiest kind of sleep. It's a quality of sleep that we are at A.H. Beard call Premium Sleep.

A.H. Beard is committed to helping your team, achieve Premium Sleep. With our 123 years of expertise partnership with world renowned Sleep Experts and inherent passion for sleep, our aim is to highlight the importance of sleep and the positive impact a good night's sleep can have on an individual and the wider organisation.



1. National Institute for Occupational Safety and Health (2021) Risks from Not Getting Enough Sleep: Impaired Performance

2. Christopher M. Barnes, PhD, and David T. Wagner. (2009) Changing to Daylight Saving Time Cuts Into Sleep and Increases Workplace Injuries, PhD, Michigan State University; Journal of Applied Psychology, Vol. 94, No. 5

3. Thomas, M.J.W., Gupta, C. C., Sprajcer, M., Demasi, D., Sach, E., Roach, G., Sargent, C., Dawson, D., Ferguson, S.A. (2021). Fatigue and driving: An international review. Appleton Institute - Central Queensland University, Adelaide, Australia.

THE IMPACT OF POOR QUALITY SLEEP

PRODUCTIVITY

Inadequate sleep decreases productivity, impairs decision making and impacts team engagement. Prolonged lack of sleep is like being drunk.

Being awake for 17 hours is similar to having a blood alcohol concentration of 0.05%¹

SAFETY

Significant rise in work injuries after 40 min loss of sleep, ranging in the quantity and severity²

Between 10% and 20% of all major road crashes internationally are likely to have fatigue as a contributing factor.³

HEALTH & WELLNESS

Poor sleep impacts our overall health and wellbeing, physically and mentally, in the short and long term.

Increased risk of type II diabetes, heart disease and obesity. It impacts our ability to deal with stress, increased risk of depression, anxiety and burnout.

> According to a FIFO study, lack of rest reduced workers alertness on mine sites by

> > 20%

across a 14-day swing and days off didn't help



Sleep Wellness

A.H.BEARD

Accreditation & Endorsements



The King's Award for Enterprise Innovation

The micro coils used in Origins mattresses received the King's Award for Innovation for their sustainable, glue-free design.



10 Year Mattress Guarantee



Sensitive Choice

A.H. Beard mattresses are the only ones approved by the National Asthma Council to carry the Sensitive Choice blue butterfly symbol, guaranteeing protection from dust mites, allergens, mold, and bacteria so guests can breathe and sleep easy.



Sustainably Dispose of Your Old Mattress

A.H. Beard proudly partners with Soft Landing mattress recycling, a social enterprise operating in NSW, VIC, ACT, and WA. They divert waste mattresses from landfill by recycling and reusing components from discarded mattresses. This program provides training and employment opportunities to marginalized individuals, including Indigenous Australians, the long-term unemployed, those with mental health issues, and individuals leaving the prison system.



A Family Owned **Australian Business** A.H. Beard was founded in 1899 and is still proudly owned by the Beard family.

AUSTRALIAN BEDDING STEWARDSHIP COUNCIL

Australian Bedding Stewardship Council A.H. Beard supports the Australian Bedding Stewardship Council (ABSC) and Recycle My Mattress. The ABSC expands on a product stewardship scheme for mattresses and bedding that originated in 2016. The ABSC develops and implements whole-lifecycle products for the bedding industry.



Proudly Australian Made

A.H. Beard proudly manufactures Australianmade mattresses with passionate employees committed to delivering restful sleep.

The famous Australian Made logo is a trusted symbol of authenticity and certification, and underpinned by a third-party accreditation system, ensuring products carrying it are 'genuinely Australian'.



Sustainable Choice

Sustainable Choice empowers consumers with sustainability information on brands. A.H. Beard is proudly partnered with, and recognised by Sustainable Choice for our commitment to crafting a sustainable future by using responsibly sourced, recyclable components and embracing new technology and craftsmanship to improve sleep and reduce end-of-life mattresses in landfills.

A.H. Beard has been setting the standard for quality bedding since 1899. However in the unlikely event that a product fails to meet our high standards, A.H. Beard offers a guarantee to the original purchaser to repair the product against faulty workmanship and materials for a period of ten years.

Accreditation & Endorsements



Sustainability & Recyclability

The A.H Beard Origins collection is recognised by the world's toughest standards for the sustainability of its manufacturing, purity of its product and end-of-life recyclability.



OEKO-TEX 100 Standard The yarns used in the Origins fabric are Oeko-Tex certified. This ensures the Certified

manufacturing process is free from harmful substances.



Global Green Tag® Certified

A.H. Beard Origins collection is Platinum HealthRATE and Platinum Asthma & Allergy certified by Global Green Tag. The Origins range is non-toxic, free of chemical triggers above 100 parts per billion, and does not support triggers such as dust mites, making Origins Mattresses among the world's healthiest products.



Global Organic Textile Standards Certified Cotton

The fabric on each Origins mattress contains organic cotton that meets the Global Organic Textile Standard (GOTS). It is chemical free and has a low impact on the environment.



One Tree Planted

By buying an A.H. Beard Origins mattress, you are helping us achieve our goal of planting 20,000 trees by October 2022. We have partnered with One Tree Planted to plant trees to restore nature and biodiversity.





A.H.BEARD ORIGINS





The 6 Essential Features for Premium Sleep

To give your workforce the best sleep of their lives, each A.H. Beard Origins mattress is made with the six essential features of Premium Sleep.



Comfort layers and independently supporting coils absorb the movements of others, helping to reduce partner disturbance and prevent premature waking.

Temperature Regulating

Don't Be Disturbed

Adaptive Support

Pressure Relieving Comfort

Breathe Easy

It Just Feels Right

Sumptuous wool fibres and Comfort Coils gently conform to each guest's curves, helping to relieve pressure, prevent discomfort and keep them relaxed from dusk till dawn.

The hypoallergenic and antimicrobial qualities of the naturally sourced fabrics and fibres create a healthy sleep environment.

A blend of super soft Tencel[®] and organic cotton is bound to a deep layer of Australian wool with hand tufting that runs the full depth of the mattress. It creates a luxurious first impression that is repeated every time your guests go to bed.

To keep employees comfortable on warm nights, our craftspeople created internal airways to help disperse heat. Fabrics and wool fibres were chosen for their natural wicking properties that draw heat and moisture from the skin.

While your employees sleep, every spring works independently to support their spine, creating the perfect posture for rest, recovery and rejuvenation.



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